



SHALOM CENTER

BUILDING HOPE · IMPACTING LIVES



FOOD PROGRAMS Senior Food Boxes

Free, Healthy Food for Seniors—Delivered.*

The CSFP Senior Box Program provides a free monthly supplemental food package, including:

- Canned Fruits
- Canned Meat
- Cereal
- Canned Vegetables
- Poultry or Fish
- Oats/Grains
- Juice and Milk
- Peanut Butter
- Rice
- Cheese
- Dried Beans
- Pasta

***You may qualify if you meet the following guidelines:**

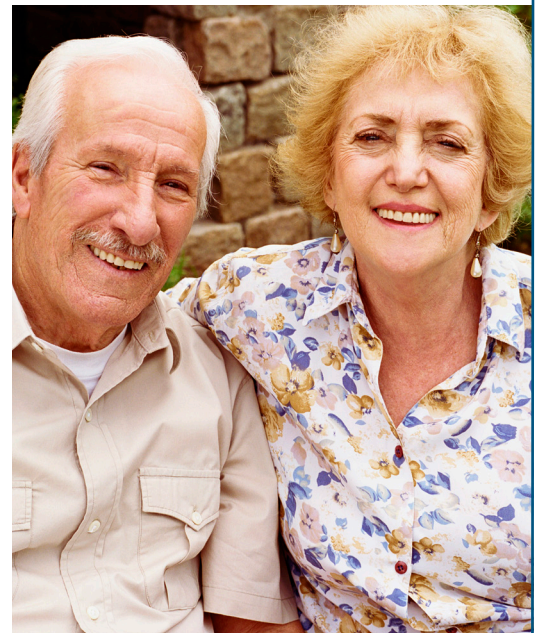
- Live in Kenosha County
- Are 60 years old or over
- Your income is less than or equal to the CSFP guidelines (See chart lower right)

***Shalom Center delivers Senior Boxes for free to:**

- Assisi
- Saxony Manor
- Harborside Commons
- Tuscan Villas
- Lakeside Towers
- Tanglewood
- St. Catherine's Commons

Free Senior Boxes are also available for pick-up at the Shalom Center Food Pantry (4314 39th Avenue, Kenosha)

- Wednesday and Friday from 8:30am to 11:30am
- Please bring ID and a recent piece of mail



Do you want to see your Senior Apartment on the list for free delivery? Call or email Abby.



To sign-up or general questions, contact:

Abby Markuson, Director of Food Programs
email: markusona@shalomcenter.org
Phone: 262-657-1713 Ext. 104

For specific program questions, contact:

Racine Kenosha Community Action Agency
at 262-657-0840

Commodity Supplemental Food Program is administered by Racine Kenosha Community Action and partners with Shalom Center.

This institution is an equal opportunity provider.



CSFP INCOME GUIDELINES

Household Size	Monthly Income
1	\$1,580
2	\$2,137
3	\$2,694
4	\$3,250
5	\$3,807
6	\$4,364
7	\$4,921
8	\$5,478