

FOOD • SHELTER • GUIDANCE

FOOD PROGRAMS Harvest Against Hunger

www.shalomcenter.org • 262-658-1713 • 4314 39th Avenue • Kenosha, WI 53144

Your Garden Can Help Fight Hunger!

Gardening is a fulfilling pastime and an ideal way to supplement meals with delicious home grown vegetables and fruits . Often at harvest time the abundance is more than is needed.

Now you can donate that surplus to the Shalom Center Food Pantry and Soup Kitchen. Perhaps you can even plant a little more this year, knowing that the "extras" will go to families in need.

Your donated vegetables and fruits will also help in building healthy eating habits. Many families do not have access to homegrown, delicious options—With your help, we can change that!

We welcome a variety of fresh produce:

- Tomatoes
- Potatoes
 - Onions
- Cucumbers
- Zucchinis
- Beans • Peas
- Carrots Lettuce, Cabbage
 - Corn, Peppers
 - Apples, Pears, Plums
 - And much more!



For additional information or questions, please contact:

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